



#SEXEDFORALL

Maine's 16th annual comprehensive sexuality education conference
April 7th & 8th, 1-4 PM | virtual

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Founder, NC SEXCON

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April 7, 2022

Maine's 16th annual comprehensive sexuality education conference

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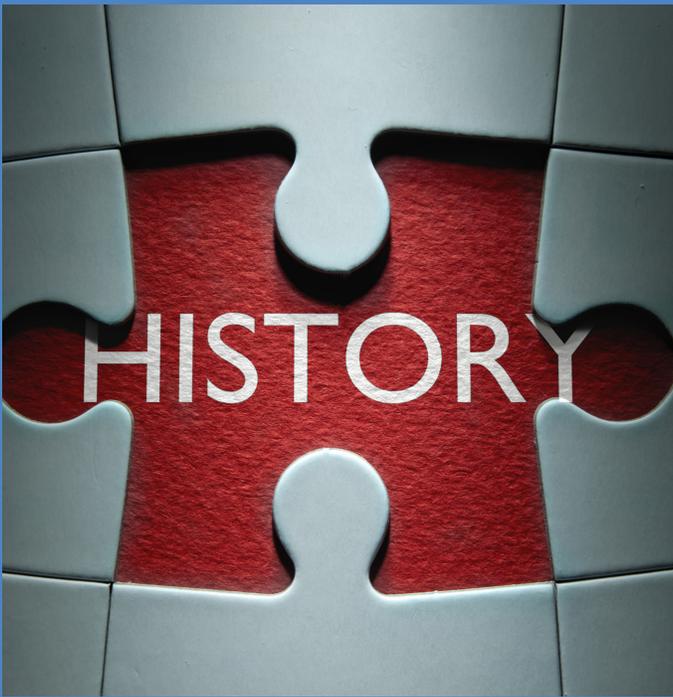


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Most of the history of sex education confirms the dominance of the fear-based, racist, classist, and sexist worldviews, policies, and delivery of sex education. there is a lack of racial and gender inclusion within organizations and efforts.

Sexuality education has continued an investment in racism and segregation (or anti-Black), heterosexual, able bodied, and the fear-based education.

3



"History does not repeat itself; but mistakes can be repeated. Therefore, the lessons of history must be continuously relearned under ever-changing circumstances so we are careful NOT to repeat them. Each present moment is unique and brings with it a new understanding of the past. We learn to do better."

"Sex education has the power to create a culture shift across the United States-- granting all people the ability to experience and enjoy sexual and reproductive freedom, as they define it for themselves".
(SIECUS)

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"Sexuality may thus be understood as a core dimension of being human which includes: the understanding of, and relationship to, the human body; emotional attachment and love; sex; gender; gender identity; sexual orientation; sexual intimacy; pleasure and reproduction.

Sexuality is complex and includes biological, social, psychological, spiritual, religious, political, legal, historic, ethical and cultural dimensions that evolve over a lifespan."

5



The National Teacher Preparation Standards were designed for use by Institutes of Higher Education with teacher preparatory programs in Health Education or Physical Education.

There are seven basic areas within which teacher candidates must show competence to effectively teach sexual health education after graduation: **Professional Disposition**; **Diversity and Equity**; Content Knowledge; Legal and Professional Ethics; Planning; Implementation; and Assessment.

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Standard 2: Diversity and Equity

Teacher candidates show respect for individual, family and cultural characteristics and experiences that may influence student learning about sexuality. There is tremendous diversity represented in US classrooms. Often, "diversity" refers to race, culture and ethnicity.

There are other forms of diversity to consider in sexuality, such as family structure (e.g., single parents, step parents, teen parents); religious affiliation; social, emotional and physical developmental level; sexual orientation; gender identity and expression; sexual history; and relationship abuse. These visible and invisible diversities are present in every classroom and affect how students learn. Effective teachers are respectful of multiple dimensions of diversity and tailor instruction appropriately.

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The Professional Learning Standards for Sex Education closely align to the National Sex Education Standards and the National Teacher Preparation Standards for Sex Education.

The PLSE are divided into four domains:

- context for sex education;
- professional disposition;
 - best practices; and
 - key content areas.

To create such an environment, educators need to examine their own personal values, understand their conscious and unconscious biases, and set personal boundaries around their self-disclosure.

Domain 2, Professional Disposition also consists of four indicators for "CONSCIOUS AND UNCONSCIOUS BIAS ABOUT RACE, ETHNICITY, AND CULTURE"

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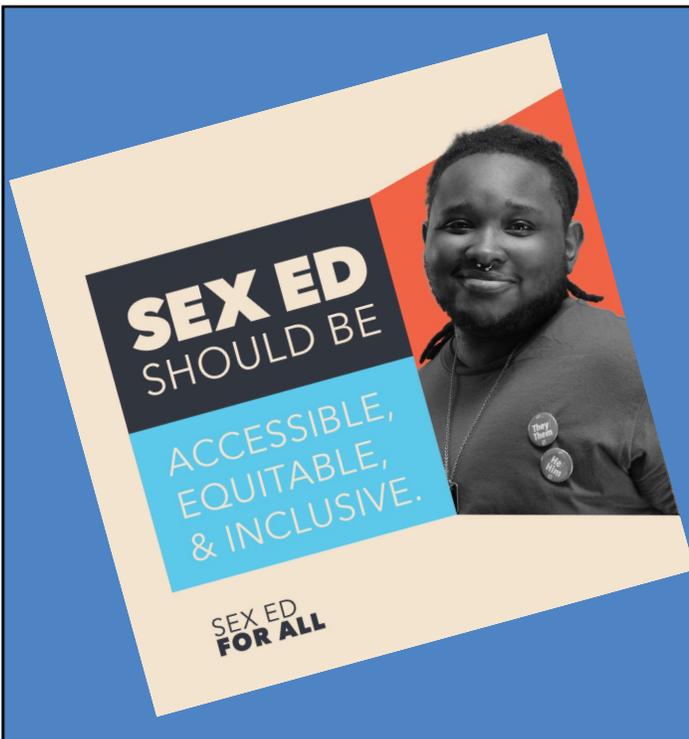
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We believe that no matter who you are or where you live, you deserve sex education that is reflective of your experiences and needs. We stand with young people, so they have the power and the right to access the education and information they need to achieve the best positive outcomes for themselves.

www.sexeducationcollaborative.org

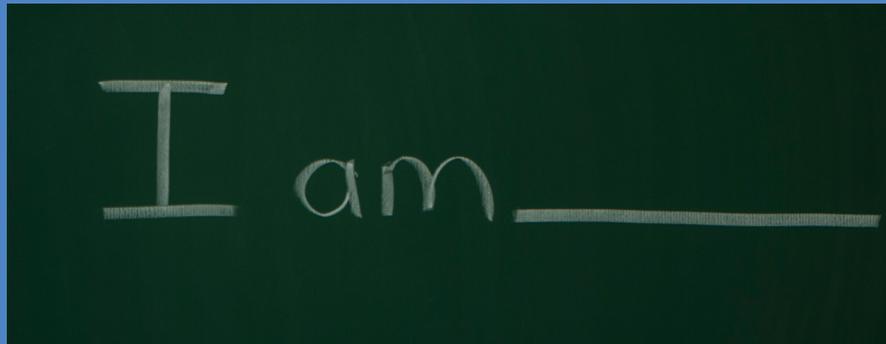
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I am from _____

Where I am from, sex (ed) is _____

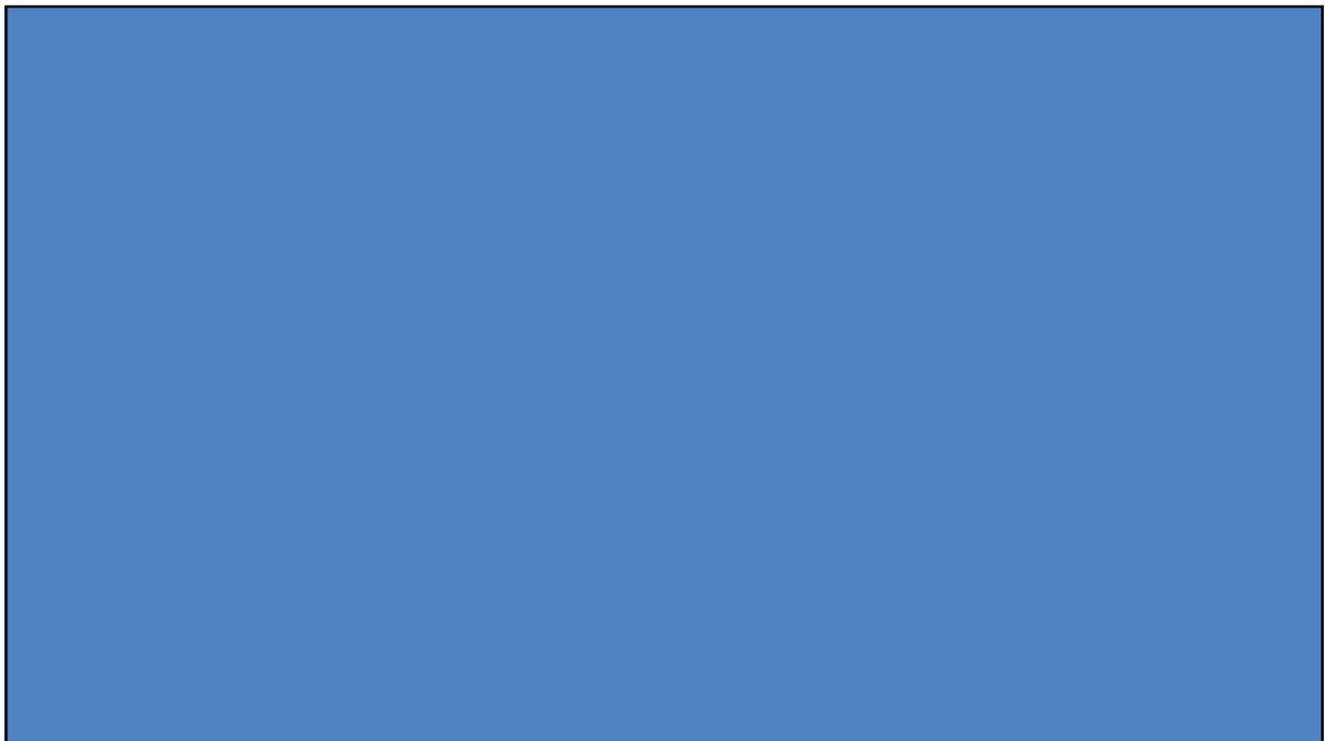
"Sex Ed for All" means _____

I do my part for "sex ed for all" by _____



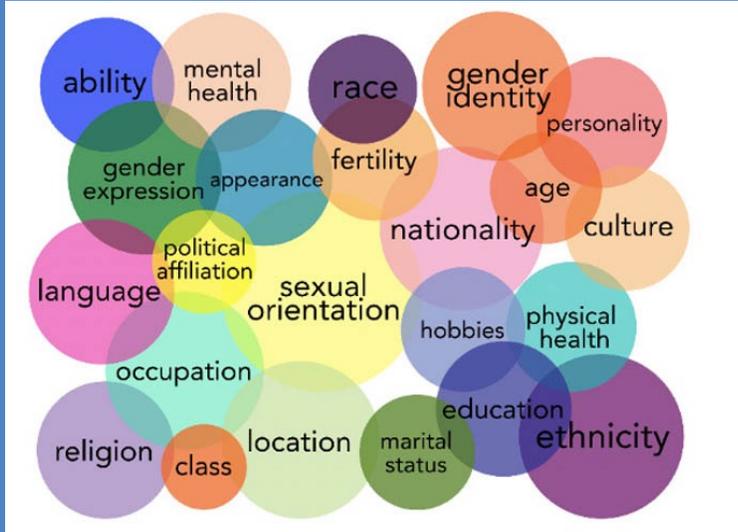
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#SEXEDFORALL - IS INTERSECTIONAL



Intersectionality considers that various forms of social identities, such as class, race, sexual orientation, age, disability and gender, do not exist separately from each other but are interwoven together. A lens and a theory that allows one to see the various forms of inequality that often operate together and exacerbate each other.

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#SEXEDFORALL - IS INTERSECTIONAL



Value the lived experiences of the community, your students and the most marginalized.

Young people are among the first to see the interconnections among systems of power that put them at risk, primarily because they experience social inequality associated with age as a system of power first hand intersecting with gender ethnicity, race, sexuality and religion.

Hill Collins (2016)

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#SEXEDFORALL - IS INTERSECTIONAL



Four Strategies

- Build rapport with your students.
- Actions should follow your intentions.
- Recognize your capabilities and when you need to respond or seek help from others.
- Create and maintain a "safe" feedback loop.

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Rights, Respect, Responsibility

A K-12 SEXUALITY EDUCATION CURRICULUM

Teacher's Guide

Elizabeth Schroeder, EdD, MSW | Eva Goldfarb, PhD | Nora Gelperin, MEd

www.advocatesforyouth.org
Advocates
for Youth
GROWING POSITIVE

As outlined in the updated National Sex Ed Standards, the new lessons address the following topics:

- **Racial justice and the impact of racism on sexual health**
- **Teaching about anatomy that is intersex-inclusive**
- **Teaching about puberty that is inclusive of transgender experiences**
- **Reproductive justice**
- **Power and privilege**
- **Sex trafficking**
- **Consent at multiple grades**
- **Practicing with pronouns**
- **Accessing credible sexual health information online**
- **Examining implicit and explicit bias**

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#SEXEDFORALL - INCLUDES PLEASURE



Public health focused on sanitation and hygiene (consider the pleasure of breathing clean air and drinking clean water)

Focused on disease prevention (STIs) and increasing healthy relationships.

Now advancing pleasure as an aspect of healthy sexuality.

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#SEXEDFORALL - INCLUDES PLEASURE

NATIONAL SEX EDUCATION STANDARDS

CORE CONTENT AND SKILLS, K-12
SECOND EDITION

FoSE
Future of Sex Education

By the end of 10th grade

- Describe the human sexual response cycle, including the role of hormones and pleasure

Grades 11-12

- Analyze factors that can influence condom use and other safer sex decisions (e.g., availability, affordability, perception of risk, pleasure).

By the end of the 12th grade, students should be able to:

- Describe the human sexual response cycle, including the role of hormones and pleasure.

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#SEXEDFORALL - INCLUDES PLEASURE



Sexual pleasure has been identified as a key component of sexual health by the World Health Organization.

Sex positivity emphasizes that sexual pleasure and sexual functioning are important components of human life and wellness (Lewis, 2004) and that sexuality is more than prevention of negative outcomes (Harden, 2014).

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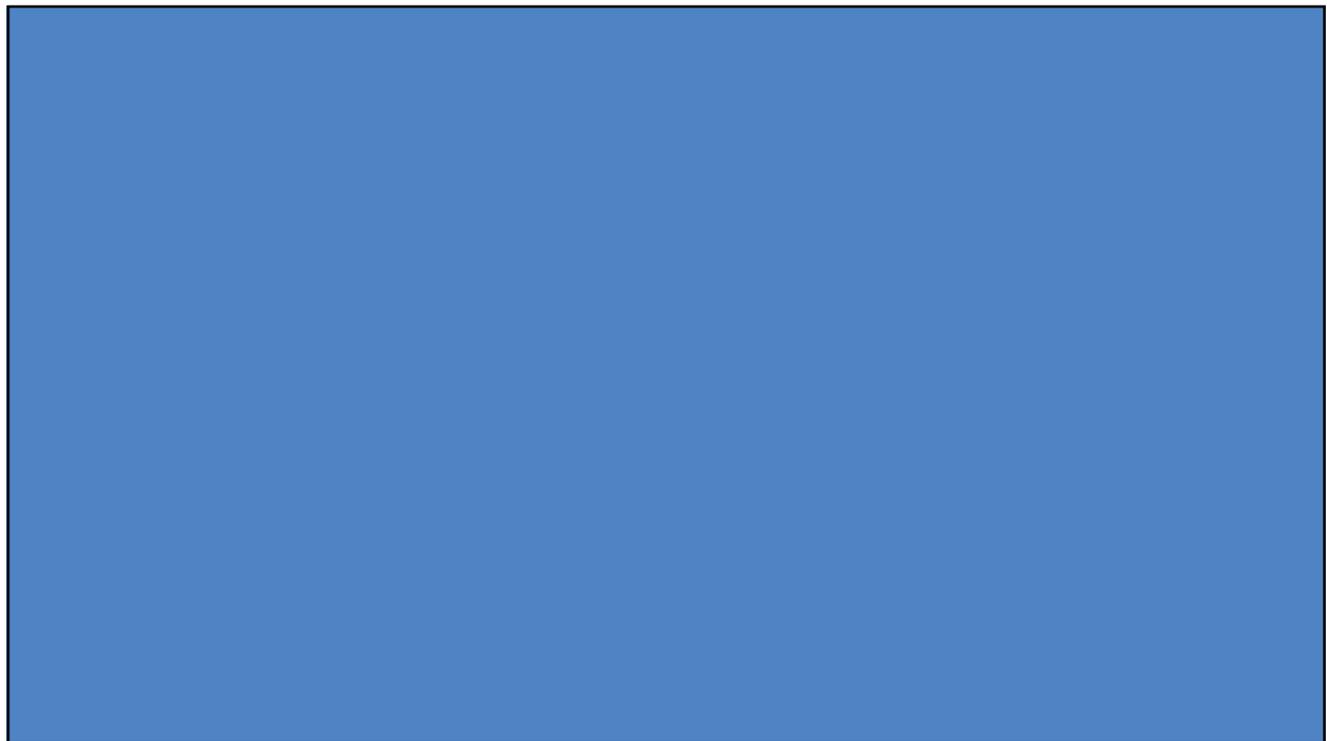
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***RETHINKING
PLEASURE***

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"SEX WITHOUT SHAME"

BY ALAYN YATES

24

It was dark, the apartment was empty, safe for the two of them. As they lay entwined in warm embrace, this room, this bed, was the Universe.

25

Aside from the faint sounds of their tranquil breathing, they were silent.

26

She stroked the nape of his neck. He nuzzled her erect nipple, first gently with his nose, then licked it, tasted it, smelled and absorbed her body odor.

27

It was a hot and humid August day, and they had been perspiring.

28

Slowly he caressed her one breast as he softly rolled his face over the contours of the other. He pressed his body close against her, sighed, and fully spent, closed his eyes and soon fell into a deep satisfying sleep.

29

Ever so slowly she slipped herself out from under him, lest she disturb him, cradled him in her arms and moved him to his crib.

30

Having completed his 6:00 a.m. feeding, the 4 month old had also experienced one more minute contribution to his further sexual development.

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***The Circles of Sexuality-
Dr. Dennis Dailey***

Sexual and Reproductive Health



Sexualization



Sexual Identity



Intimacy



Sensuality



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#SEXEDFORALL - INCLUSIVE



Evidence based curricula often fall short of being inclusive.

However, there are many "evidence informed" approaches and content that can serve as best practices and supplements to required education.

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#SEXEDFORALL - INCLUSIVE



The disability rights movement is a global social movement to secure equal opportunities and equal rights for all people with disabilities.

It is made up of organizations of disability activists around the world working together with similar goals and demands, such as: accessibility and safety in architecture, transportation, and the physical environment; equal opportunities in independent living, employment equity, education **including sexuality education**, and housing; and freedom from discrimination, abuse, neglect, and from other rights violations.

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TEEN PEP



CENTER FOR
SUPPORTIVE
SCHOOLS

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***HOW TO
REACH ME!***



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