

WHO SHOULD BE SCREENED FOR STDs? WHAT STDs SHOULD BE SCREENED FOR?

CDC RECOMMENDATIONS FOR ADOLESCENT SCREENING

- Chlamydia and Gonorrhea annually for:
 - Sexually active young females
 - Young Men who have Sex with Men (MSM)
- HIV - at least once; repeat annually based on risk
 - Screen pregnant females
- Routine screening of adolescents who are asymptomatic for certain STDs (e.g., syphilis, trichomoniasis, BV, HSV, HPV, HAV, and HBV) is not generally recommended.
 - *However*. YMSM and pregnant females should be routinely screened for syphilis.
- Cervical cancer screening should start at 21 years

For More Information: <http://www.cdc.gov/std/tq2015/screening-recommendations.htm>

SCREENING FOR HEPATITIS

- People who inject drugs (or who have ever injected) (Hepatitis B & C)
- People living with HIV
- MSM (Hepatitis B)
- Pregnant Women (Hepatitis B only)
- Other high risk populations

For More Information: <http://cdc.gov/hepatitis>

VACCINES (if not completed):

- HPV
- Hepatitis B
 - Recommended for people diagnosed with HCV, or those who have sex and/or live with HBV+ people

More info: <http://www.maine.gov/dhhs/mecdc/infectious-disease/immunization/index.shtml>

NEEDLE EXCHANGE PROGRAMS

- Portland: <http://www.portlandmaine.gov/866/Needle-Exchange>
- Augusta: <https://www.maine-general.org/Pages/Prevention-and-Healthy-Living.aspx>
- Auburn: <http://peabodycenter.org/prevention-services/>
- Bangor, Ellsworth, Machias: <https://www.mainehealthequity.org/needle-exchange>

WHERE SHOULD I GET SCREENED for STDs?

FREE OR LOW-COST STD SCREENING

<http://gettested.cdc.gov>

- Enter zip code, answer a few questions, get tailored recommendations

HIV/HCV Testing

- Frannie Peabody Center (Cumberland & York County): <http://peabodycenter.org/>
- Health Equity Alliance (Bangor, Augusta, Ellsworth, Machias): <https://www.mainehealthequity.org/>

STD Clinics

- Portland STD Clinic*: <http://www.portlandmaine.gov/863/HIV-STD-Prevention>

Family Planning Facilities

- Maine Family Planning*: <http://mainefamilyplanning.org>
 - 18 locations in central and northern Maine
- Planned Parenthood (Portland, Biddeford, Sanford, Topsham): <http://ppnne.org>
- Mabel Wadsworth: <http://mabelwadsworth.org>

Federally Qualified Health Centers and FQHC Look Alikes:

<http://mainehealthcenters.com/health-map.html>

- Bucksport Regional Health Center
- Community Clinical Services (Lewiston/Auburn)
- DFD Russell Medical Centers (Leeds, Monmouth, Turner)
- East Grand Health Center (Danforth)
- Eastport Health Care (Calais, Eastport, Machias)
- Fish River Rural Health (Eagle Lake, Fort Kent, Madawaska)
- Greater Portland Health
- Harrington Family Health Center
- HealthReach Community Health Centers (Belgrade, Bethel, Bingham, Albion, Madison, Kingfield, Rangeley, Richmond, Coopers Mills, Strong, Livermore Falls)
- Hometown Health Center (Dexter, Dover Foxcroft, Newport, Pittsfield)
- Islands Community Medical Services (Vinalhaven)
- Katahdin Valley Health Center (Ashland, Brownville, Houlton, Island Falls, Millinocket, Patten)
- Maine Migrant Health Program (statewide)
- Nasson Health Care (Alfred, Biddeford, North Berwick, Springvale)
- Penobscot Community Health Care (Bangor, Brewer, Old Town, Jackman, Belfast, Winterport)
- Pines Health Services (Caribou, Fort Fairfield, Presque Isle, Van Buren, Washburn)
- Regional Medical Center at Lubec (Lubec, East Machias)
- Sacopee Valley Health Center (Porter)
- St. Croix Regional Family Health Center (Princeton)

For More Info, visit http://www.maine.gov/dhhs/mecdc/dlrs/rhpc/services_hcc.shtml

Consumers for Affordable Health Care - RESOURCES:

- <http://www.maineahc.org/guide-to-maine-health-care/other-helpful-programs/sliding-scale-health-centers/>
- Sliding Scale Clinics: <http://maineahc.org/wp-content/uploads/Sliding-Scale-Clinics.pdf>
- Free Clinics: <http://maineahc.org/wp-content/uploads/Free-Clinics.pdf>