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Maine Family Planning ‘Open Door’ Transgender Health Program Expands to Belfast

Belfast Family Planning is proud to announce that in-clinic transgender services are now available from a trained provider at our clinic at 147 Waldo Ave.

Maine Family Planning’s Open Door program offers gender-affirming care to folks statewide, with in-clinic services available in Lewiston, Waterville, and now Belfast. Open Door services include hormonal transition therapy and monitoring for trans people 18 years old & over; on-site self-injection lessons for hormone injections; referrals to specialty providers and community resources; as well as yearly wellness visits, preventive care, birth control and safer sex supplies, STD testing and treatment, and abortion care for patients of any gender. Maine Family Planning is committed to making this care available for rural Mainers regardless of income or geography.

Nurse practitioner Julie Jenkins went through over a year of training, including trainings through the Fenway Health Transgender Program and UCSF Center of Excellence for Transgender Health, and apprenticed under MFP providers Sara Hayes and Meredith Hunt, who provide Open Door services in Lewiston and Waterville, respectively.

“Gender-affirming care is a key tenet of reproductive justice, and at the core of Maine Family Planning’s mission,” said Jenkins. “I am glad to have the opportunity to offer that care, close to home, for Belfast and the surrounding community.”

MaineCare, Medicare, and private insurance are accepted for covered services, and we have a sliding fee scale available for those without insurance.

Call (207) 922-3222 for more information or to make an appointment.