

**Maine Family Planning
Comprehensive Sexuality Education Conference
Chatroom on Healthy Relationships
April 5, 2019**

What challenges do you face with addressing this topic?

Time
Opposing/harmful messages from media
Maturity level
No middle school health
Resources too far away
Distorted perception in society
Connecting relationship to more than just a partner
There isn't a place for teens to begin a conversation
Student level of development
Cultural differences

How is this topic relevant to teaching sexual health today?

Relationships are a foundation
Heavy use of technology impacting ability to communicate effectively
Consent
LGBTQ
Gender non-conforming

How can someone engage and collaborate with their community (other individuals, administration, district, outside resources) to address this topic?

Program for outdoor activities
Engage parents
Find community resources to bring into the classroom

What lessons/activities/resources do you use to address this topic?

Bomb Diggity Arts

<https://www.momentumme.com/portland>

MECASA

<http://www.mecasa.org/>

YAAPP

<https://www.yaapp.org/>

In Their Shoes

<https://wscadv.org/resources/in-their-shoes-training-kits/>

MCEDV

<https://www.mcedv.org/>

Girls on Fire

<https://jenniferwiessnerhealthysexuality.com/girls-on-fire/>

It's All One

<https://www.popcouncil.org/research/its-all-one-curriculum-guidelines-and-activities-for-a-unified-approach-to->