

# QUEERING SEXUALITY EDUCATION

---

## RESOURCES

### Websites and Podcasts

**Answer:** <http://answer.rutgers.edu/page/training>

*A sex education resource aimed at providing high-quality training to teachers and other youth-serving professionals. Includes online workshops, webinars, and other resources about LGBTQ inclusive sex education and more.*

**The Asexual Visibility & Education Network:** <https://www.asexuality.org/>

*The world's largest online asexual community boasting a large archive of resources on asexuality.*

**LGBTQ-Inclusive Sexual Health Education:** [www.glsen.org/lgbtq-inclusive-sexual-health-education](http://www.glsen.org/lgbtq-inclusive-sexual-health-education)

*Resources for educators to ensure that all students are seen and validated in their health and sexuality classes.*

**Planned Parenthood Consent 101:** [www.plannedparenthood.org/learn/sex-and-relationships/sexual-consent](http://www.plannedparenthood.org/learn/sex-and-relationships/sexual-consent)

*A series of informational videos on consent showing couples in same and different gender relationships.*

**A Queer Endeavor:** <http://aqueerendeavor.org/>

*An initiative focused on supporting teachers and school communities around topics of gender and sexual diversity. Including: Queer/ing Lesson Plans, LGBTQ-Themed Texts, LGBTQ-Themed Media, LGBTQ+ Voices & Stories and more resources for educators in English and Spanish.*

**Queering Sex Ed (QSE):** <http://teenhealthsource.com/blog/queering-sexual-education>

*A project at Planned Parenthood Toronto, developing a sex ed resource with and for LGBTQ youth.*

**Queer Sex Ed Podcast:** [www.queersexd.org/training-and-workshops/](http://www.queersexd.org/training-and-workshops/)

*Stories of sexual health, sex positivity, and everyday queer sexual life, normalizing authentic conversations about sex, pleasure, boundaries, health, and communication.*

### Maine Agencies

**Maine Health Equity Alliance:** <https://www.mainehealthequity.org/>

*Direct services for LGBTQ+ youth in Maine, including free HIV and STI screening, peer support youth groups as well as trainings and workshops for youth serving professionals.*

**MaineTransNet:** [www.mainetransnet.org/](http://www.mainetransnet.org/)

*Peer-to-peer support groups, workshops and trainings for youth, youth serving professionals and parents, guardians and families of Transgender youth in Maine.*

**Out Maine:** <https://outmaine.org/>

*Works toward a welcoming and affirming Maine for all rural young people of diverse sexual orientations, gender expressions and gender identities through peer support groups and community outreach.*

**Outright-Lewiston/Auburn:** [www.outrightla.org/](http://www.outrightla.org/)

*Strives to create safe and affirming environments for youth ages 14-21 who are lesbian, gay, bisexual, transgender, and/or questioning, through weekly drop in hours, workshops, trainings and community outreach.*

## **Free Lesson Plans, Curricula and Toolkits:**

**Advocates for Youth - Creating Safe Space for GLBTQ Youth: A Toolkit:**

<https://advocatesforyouth.org/resources/health-information/creating-safe-space-for-glbtc-youth-a-toolkit/>

**GLSEN - ThinkB4YouSpeak, an Educator's Guide:**

<https://www.glsen.org/sites/default/files/Guide%20to%20ThinkB4YouSpeak.pdf>

**GLSEN – When Did it Happen? An LGBT History Lesson:**

[https://www.glsen.org/sites/default/files/When%20Did%20it%20Happen%20Lesson%20Plan\\_0.pdf](https://www.glsen.org/sites/default/files/When%20Did%20it%20Happen%20Lesson%20Plan_0.pdf)

**Teaching Tolerance – Lessons and Learning Plans:** <https://www.tolerance.org/topics/gender-sexual-identity>

**The Three R's: Rights, Respect, and Responsibility:** <https://3rs.org/3rs-curriculum/3rs-curric-search/>

**Welcoming Schools – Lesson Plans To Support LGBTQ Inclusive Elementary Schools:**

<http://www.welcomingschools.org/resources/lesson-plans/lgbtc-inclusive-schools/lgbtc-with-books/>

## **Videos, Clips and TEDTalks:**

**TEDxBuffalo - Christopher Culp : “Queer Sex Ed For All.”** <https://www.youtube.com/watch?v=dPgMAPIMINc>

*Christopher Culp's research focuses on the intersection between existentialism, sound studies, and queer theory. He is currently a sexual health educator providing safer sex workshops, LGBTQ+ Youth Empowerment trainings, and outreach on PrEP, PEP, and HIV/AIDS research. He has taught kindergarten through college level.*

**TEDTalk - Al Vernacchio: “Sex needs a new metaphor.”** <https://www.youtube.com/watch?v=xF-CX9mAHPo>

*For some reason, says educator Al Vernacchio, the metaphors for talking about sex in the US all come from baseball -- scoring, getting to first base, etc. The problem is, this frames sex as a competition, with a winner and a loser. Instead, he suggests a new metaphor, one that's more about shared pleasure, discussion and agreement, fulfillment and enjoyment. Let's talk about ... pizza.*

**TEDxYouth@SanDiego - Al Vernacchio: “It's not ‘just sex’, it's JUST sex!”**

<https://www.youtube.com/watch?v=6kmnqLgbmUA>

*How do you live your sexual life when nobody is watching? Sexuality educator Al Vernacchio illustrates how our most private behaviors create a ripple effect, and explains how deliberate thinking can make the world a more just, free, open and affirming place.*

**AMAZE:** <https://amaze.org/>

*Takes the awkward out of sex ed. Real info in fun, animated videos that give you all the answers you actually want to know about sex, your body and relationships.*

Olivia Friday Loneman, M.Ed  
Prevention & Training Coordinator  
[Olivia@newbeginmaine.org](mailto:Olivia@newbeginmaine.org)  
207-795-4077

