RURALITY, RESISTANCE, & RESILIENCY!

COMPREHENSIVE SEX ED IN ‘THE COUNTY’

JENNY PAUL, PROJECT DIRECTOR
IMPROVING OUTCOMES FOR YOUTH
AROOSTOOK COUNTY ACTION PROGRAM
“AROOSTOOK COUNTY, THAT’S NEAR BANGOR, RIGHT?”

Don't have sex. Because you will get pregnant and die.
~ TACKLING RURALITY ~

It's all about rapport – relationships, relationships, relationships
Creativity
Connect the dots
Breaking down barriers
YOU JUST GOTTA ‘GET AROUND’

“Luuuuube! It’s flavored LUBE.”
WORKING WITH RESISTANCE

SO MUCH RESISTANCE

- “THIS IS NOT A MORAL JUDGEMENT, IT’S A PUBLIC HEALTH ISSUE!!” ~ JODY PEARCE GLOVER
- “SOMEONE THAT YOU KNOW, MAY KNOW SOMEONE, WHO KNOWS SOMEONE, WHO NEEDS THIS INFORMATION.” ~ UNKNOWN
- CAPITALIZING ON COMMUNITY INCIDENTIALS
- MONEY TALKS.....SOMETIMES!
- GINA
Single parenting is no easy feat! However, taking care of yourself is essential to the well-being of yourself AND your children.

Join us for an evening of fellowship & self-care activities, designed to revitalize your empowerment as a single parent. No childcare? No worries! Bring the kiddos along for free, on-site childcare!

**Pumpkin Paint & Sip (cider)**

**WHEN:** October 26, 2017 6-7:30 PM

**WHERE:** Presque Isle Housing Community Center, 37 Birch Street

**RSVP:** Jenny Paul @ 207-764-3711 x 654 or jpaul@acap-me.org

*Space is limited, call today to reserve your spot! Snacks, cider, & pumpkins provided!"
“NO ONE WILL COME,”
THEY SAY.

Despite this, my Taurus self says, “oh yes they will!”
(even though they actually didn’t!)

“PREP YourSELF!” ....
Or not, too....
PREP YOURSELF!!

It’s your future. Take charge of it! The only person responsible for you, is YOU.

Personal responsibility and empowerment are two key areas for success in life.

Our interactive ‘Be Proud! Be Responsible!’ program uses videos, games, brainstorming, role play, and group discussion to give teens the resources to make proud and responsible decisions about their sexual behavior.

- Healthy relationship building
- Communication & negotiation skills
- Self-advocacy & confidence building
- HIV & STI transmission, prevention, & risk-reduction

When: March 13, 2018, 9 am - 2 pm (lunch provided)
Where: SAD41, Abbot Mem. Sr. School, Presque Isle, When under 25 years of age
Cost: FREE, not only is it free, participant incentives provided!
Pre-register today through SAD41, Abbot Ed. 207-766-8736 or ACAP 207-760-3771 or
succ@acap.me.org

ACAP
Aroostook County Action Program
Own your $h*T!

~ RIDING RESILIENCY ~
~ RIDING RESILIENCY ~

- Let it come, Let it go!

- “It is what it is,” BUT.....
Let’s Talk, Aroostook!

Aroostook County Action Program
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FOR IMMEDIATE RELEASE

Contact: Jenny Paul
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ACAP’s ‘Improving Outcomes for Youth’ program hosts, “Let’s Talk, Aroostook!”

Let’s Talk Month is a national public education campaign celebrated in October and coordinated by Advocates for Youth. Let’s Talk Month is an opportunity for community agencies, religious institutions, businesses, schools, media, parent groups and health providers to plan programs and activities which encourage parent/child communication about sexuality.

ACAP’s Improving Outcomes for Youth program, sponsored by the Department of Health & Human Services, has partnered with New Beginnings & Maine Family Planning to sponsor, “Let’s Talk, Aroostook,” on October 13th from 10 am to 1 pm. The event will occur at the Sargent Family Community Center in Presque Isle and is open to all parents, caregivers, teens (14+), and young adults.

“Let’s Talk, Aroostook” encourages healthy self-esteem, self-advocacy, communication and healthy relationship skills, while promoting risk reduction and prevention education. Participants will have the opportunity to win prizes and earn incentives by completing activities in the gymnasium while parents and caregivers have separate sessions, inclusive of faith-based and LGBTQ communities. All attendees will be served lunch.
TOMORROW IS NEVER PROMISED, SO LIVE FOR TODAY.

AND IF YOU ARE LUCKY ENOUGH TO GET TOMORROW, USE YOUR YESTERDAY TO FUEL YOUR TODAY.
QUESTIONS?

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