Teaching Sexual Health in Middle School: An intro to MFP'S Scope & Sequence

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Today’s Objectives

• Understand content and methodologies recommended for a middle school sexual health program and what is currently happening in Maine’s middle school health.

• Identify lessons and activities that promote a comprehensive approach to sexual health education for middle school youth.

• Leave with an overview of the Middle School Scope & Sequence that will prepare middle school youth to be sexually healthy teens.
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Puberty and Adolescent Development
Grade 6 - [Biological Male Anatomy](#)
Grade 8 - [Pregnancy and Reproduction Explained](#)

Identity
Grade 7 – [What is Sexual Orientation?](#)

Personal Safety and Consent
Grade 6 - [Being Safe on the Internet](#)
Grade 7 – [How to Talk to Girls, Boys, and Everyone In Between](#)
Grade 8 – [Consent](#)

Healthy Relationships and Communication
Grade 6 – [How to Be a Good Listener](#)
Grade 7 -- [Is It Love?](#)
Grade 8 -- [What Makes a Relationship Healthy?](#)

Sexual Risk Reduction
Grade 7 – [What are STDs?](#)
Grade 8 – [Condoms](#)