What challenges do your face with addressing this topic?

- Hard to talk about trauma without triggering
- Hard to create a safe space in an hour-long training
- Hard to encourage empathy when it doesn’t feel relevant
- Can be hard for youth to manage emotions
- Provider not understanding/teaching
- Not enough information on the topic
- Separating due to behaviors
- Difference in approach
- Classroom management
- Can’t censor what is said
- Needing to be reactive
- Knowing who needs what
- Balance
- Recognizing and addressing stimuli
- Since educators are mandatory reporters, students may withhold information
- Lack of privacy with youth

How is this topic relevant to teaching sexual health?

- People are more aware of trauma, especially with current events
- Not really addressed in curriculum
- Ties in prevention and consent
- Exposure to trauma
- Reaching out to those with high risk behaviors
- Understanding different cultures
- Avoid re-traumatization
- Recognizing that some people have traumatic sexual experiences
- Open conversation and help youth seek support
- LGBTQ Population

How can someone engage and collaborate with their community (other individuals, administration, district, outside resources) to address this topic?

- School faculty knowing/becoming educated about community resources
- Offering opportunities for learning and curriculum enhancement
- Reaching out to community partners
- Treat others as if they had trauma
- Ask for support and help
- Frame the lesson
- Let them know that they matter
- Resilience Days
Staff training
Re-entry plan for students
Work with Maine Family Planning
Coins/cards on hand in lobby

What lessons/activities/resources do you use to address this topic?

MECASA
http://www.mecasa.org/

Domestic Violence Resource Centers
https://www.mcedv.org/

Kennebec Valley Community Action Program
https://www.kvcap.org/

Resiliency Trumps ACES
http://grscan.com/resilience-trumps-aces/

Paper Tigers
https://kpjrfilms.co/paper-tigers/

Collaborative for Perpetual Innovation
https://cpimaine.org/

Be Proud, Be Responsible
https://www.etr.org/ebi/programs/be-proud-be-responsible/

YAAPP
https://www.yaapp.org/

Advocates for Youth
https://advocatesforyouth.org/

CCSME
https://www.ccsme.org/