



April 2, 2021

WORKSHOP SESSIONS

1:00 – 2:15 PM

Please choose one of the workshops to attend live; recordings of all sessions will be available after the conference.

Educators Championing Justice:

Three Ways to Disrupt Toxic Behaviors and Fight for Equality in Schools

Justine Finn, Relation-Shift

How, and when, should adults intervene when they witness what they think might be harassing language or behavior, whether in-person or online? How can just one or two educators create a safer and more equitable school system? How can we invite coaches, parents and other staff to join in our work? Using real-life examples, build your knowledge and skills to prevent, respond, and resolve relationship and sexual violence and harassment in schools and to create environments where all can thrive.

Consent at Every Age: Conversations We Should be Having

Vicki Preston, Maine Family Planning | Kathleen Paradis, Sexual Assault Crisis and Support Center

Join us in navigating the world of consent (or at least make a start!) By broadening the definition of consent beyond sex, we will help young people build stronger and healthier boundaries and respect these boundaries in others. We will do this by exploring strategies for incorporating consent into their sexual health education. You will leave with activities, as well as tools to start having much needed conversations around consent and healthy relationships.

Healthy Relationships for Queer, Trans & Non-Binary Youth

Mariah Reed, Through These Doors | Caroline Wheeler, Through These Doors

Attendees will leave this workshop with the knowledge, understanding, and skills to effectively engage LGBTQ+ youth. Topics to be addressed range from the unique challenges queer, trans, and non-binary youth face in forming healthy relationships, contextualizing conversations around consent to resonate with this community; and exploring how teen dating violence can show up in LGBTQ+ youth's relationships. Attendees will be provided with a plethora of resources and skills to strengthen their ability to be a supportive person in the lives of queer, trans, and non-binary youth.

2:15 – 2:30 PM BREAK

2:30 – 3:30 PM PLENARY SESSION



Cat Buxton

Theatre is a valuable tool for violence prevention and skill building, especially when it comes to consent. And from what Speak About It has learned this year, these tools translate to virtual spaces too! In this interactive plenary, get a sneak peek of Speak About It's flagship show and new digital programs. Program Manager, Oronde Cruger, and Communications Manager, Catherine Buxton, have nearly ten years of experience in consent and sex education, social justice, and the performing arts, and will lead a dynamic discussion on how you can apply theatrical tools to teaching empathy and the communication skills necessary for forming healthy relationships.

Speak About It is a consent education and sexual assault prevention organization that uses theatre and dialogue to empower students to give and get consent, build healthier relationships, and make change in their communities. We were founded by students for students at Bowdoin College and have been operating independently since 2010. We have reached nearly 500,000 students in 29 states and 3 countries, including 22 schools in Maine! [www.wespeakaboutit.org](http://www.wespeakaboutit.org).



Oronde Cruger



3:30 PM CLOSING AND DOOR PRIZES



This conference is funded, in part, by the Maine Center for Disease Control and Prevention and New Beginnings, through a grant from the Maine Department of Education.

