Consent at Every Age
Hello!

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Trauma Informed

• Let students know what’s coming up

• Resources available to students

• Virtual considerations
The Early Years
Maine Department of Education (DOE)
Child Sexual Abuse Prevention and Education Policy
All Staff Training

Sexual Development

How to respond to disclosures, sexual behaviors, or suspicions of child abuse
Boundaries
Safe Adults & Friends
Gut Feelings
Available through your local center
Middle School
Where are they getting their sexual information from?
Practicing consent

- Consent homework
- Practice reading social cues
- Scenarios & role plays
How do we talk about it...

• Gender inclusive language

• Avoid using the words “both” or “compromise”

• Avoid bases/levels of intimacy
High School
Sexual Consent

Sexual consent is when people actively agree to engage in certain sexual behavior.
Gallery Walk

When do you need consent?

What does consent look and sound like?

What makes consent NOT possible?
EXPLORING YOUR YES
What does it feel like when I know I want to do something?
How do I usually express my wants and desires?
Am I ever so excited that I do something without checking in with others first?
Am I ever afraid to say what I want?
Where, when and with who am I most comfortable saying what I want?

EXPLORING YOUR MAYBE
What does it feel like when I am not sure if I want to do something?
If I am unsure, how do I make a decision? Who do I talk to for help in deciding?
Have I ever gone along with something I was unsure about and then felt bad about it later?
Have I ever not done something because I was unsure and then wished I had?

EXPLORING YOUR NO
What does it feel like when I know I don’t want to do something?
Is it easy for me to say no?
Have I ever been afraid to say no or said yes to avoid conflict?
Have I ever been told no and felt defensive, rejected or sad?
How did I respond to being told no?
Who do I talk to when I feel hurt or rejected?
CONSENT

SEXUAL ACTIVITY

LEGAL

PARTNER

CALL

HELP

ONE

UP

PLAYS

DATE

PERSONALITY

RESOURCES

RESISTANCE

PREVENT

POSITIVE

DRUGS

PERSON

BOUNDARIES

VIOLENCE

WAY

AGREE

EVERYTHING

MAKES

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