

The M&M Game

Grade: 9-12th

Objective: Provides students with skills practice for communicating boundaries and preferences in a safe way.

Materials: M&M's (Colors: Red, Orange, Green, Blue, Yellow, Brown)

Procedure:

1. One a piece of paper, have each student write down:

One color of M&M's they hate and will not eat

Two colors they must have together. (IE. If I have red, I must have yellow.)

One color that is their favorite

2. Have students crumple up paper and lightly toss them around the room. Have each student grab the closest paper so they all end up with someone else's paper.
3. Group students in pairs. Explain that they need to decide on a color choice that they can each have that is the same color. They must come up with at least one color but they can choose more than one.

Discussion Questions:

1. How did that go?
2. How did you start the conversation?
3. Could you have guessed ahead of time what the other person's preferences were?
4. Did anyone have a partner who had the same favorite color?
5. What are some other examples of decision making and respecting your partners boundaries?
6. What would it be like to have a similar conversation about sexual limitations with someone?