

**We've got it
— together.**



2022 ANNUAL REPORT



MFP Health Centers



Dexter Family Planning

Ellsworth Family Planning & Primary Care

Farmington Family Planning

Fort Kent Family Planning*

Houlton Family Planning

Lewiston Family Planning*

Machias Family Planning

Norway Family Planning*

Presque Isle Family Planning*

Rumford Family Planning

Skowhegan Family Planning

Thomaston Family Planning*

Waterville Family Planning*

**Open Door Gender Affirming Care
trained provider at this location*

MFP-operated Family Support Services

Maine Families in Hancock County
(Office in Ellsworth)

WIC Nutrition Program in Hancock &
Washington Counties (WIC offices in
Calais, Ellsworth, & Machias)

Locations

Augusta Family Planning & Parker F.
Harris and Russell N. DeJong, Jr. Center
for Reproductive Health*

Bangor Family Planning

Belfast Family Planning*

Calais Family Planning

Damariscotta Family Planning

Dear Friend of Maine Family Planning,

Last fiscal year ended with an expected but nonetheless devastating shock – the reversal of *Roe v. Wade*.

We are still wrestling with our response to this moment, and tracking trends to see where it makes the most sense for us to mobilize resources. We are seeing patients from states where abortion has been banned or severely restricted. So far it is a small number, and we don't necessarily expect Maine to become a destination state based on our remote location, the overall continued accessibility of abortion in northeastern states, and other factors. So how else can we help? We're exploring all options, including ramping up our provider training program.

One thing is for sure though: We will need your continued support if we are to face this post-*Roe* landscape with the creativity, energy, and human-centered compassion that this moment needs.

In solidarity,

George A. Hill

PRESIDENT AND CEO, MAINE FAMILY PLANNING

And it's not just abortion. Mounting coordinated attacks on comprehensive, inclusive sexuality education are sweeping the nation and the state. Transgender youth and adults are facing continued attacks on their right to simply exist, be accepted as their true selves, and access essential health care.

We also need to be active in our work to root out systemic racism and white supremacy here in Maine and in our systems of care.

Family planning is more than STI testing and treatment, birth control and child spacing. It's reproductive justice; it's our ability to have real choices, unimpeded by a scarcity of resources or inequity in care options. It's being able to care for our families in safe and sustainable communities. And we could not move this work forward as we have done for 50-plus years without your support.

Thank you.



CARE BY THE NUMBERS

BETWEEN JULY 1, 2021
AND JUNE 30, 2022,
Maine's family planning
network provided care for **31,417**
MAINERS.

72% of patients qualified for free
or reduced-fee services.

62% of patients were between the
ages of 20 and 44.

For 47 years MFP provided pass-through funding from the Federal Title X National Family Planning Program to partners in sexual and reproductive health care and education throughout Maine. From 2019-2021 we declined Title X funding due to the Gag Rule, and maintained Maine's family planning network on private grants and contributions. Last fiscal year we re-entered the Title X program following the rescinding of the Gag Rule, and have restored these critical, safety net public health funds to Maine.

TOGETHER WE PROVIDED:



16,578

tests for sexually
transmitted infections



2,918

HIV tests



2,190

cervical cancer
screenings

*Public funds are
insufficient to meet the
needs of Maine people,
however, and your
contributions to our
work are critical and
greatly appreciated.*

Prevention Education



In-depth consultation and support on providing sexual health education was provided to over 225 staff at 50 schools in Maine.

This support took the form of:

- co-facilitating with both new and seasoned educators;
- providing condoms, educational materials, and other supplies to school nurses' offices;
- providing staff and teacher trainings on-site;
- developing and connecting educators and community members with lesson plans and resources;
- guest speaking in classrooms; and
- assessing the results of sexual health education on student learning.

We partnered with organizations serving Maine youth in care, **training 50 foster parents and support staff, presenting at the Youth Leadership Conference and other gatherings, and sharing resources on healthy relationships, sexual health services, and supporting LGBTQ+ youth in care.**

In total 460 youth received direct education from our Prevention Coordinators in school and community-based settings.

MFP's Prevention Program continued to **lead the way on developing sexual health educational resources and offering trainings for a variety of audiences.** Health educators serving students of all ages could access our materials online and participate in virtual trainings on our curriculum materials and other topics for free - including Puberty Happens for grades 4-6, the newly revised 2022 Middle School Sexual Health Scope and Sequence, and Best Practices in STI/ HIV and Pregnancy Prevention, including new supplemental lessons on sexual orientation and gender identity and human sexual response. **The highlight of our educational offerings was our 2nd virtual (and 16th annual) Comprehensive Sexuality Conference with the theme of #SexEdForAll with keynote speaker Dr. Tanya Bass.**

In total, during FY22, 270 people participated in our educational events.

Family Support Services



Maine Family Planning administers the **Maine Families program in Hancock County**. Maine Families is a part of the national Maternal, Infant, and Early Childhood Home Visiting (MIECHV) Program, which supports pregnant people and parents with young children who live in communities that face greater risks and barriers to achieving positive maternal and child health outcomes.

MAINE FAMILIES

BETWEEN JULY 1, 2021 & JUNE 30, 2022,
Maine Families in Hancock County:

ENROLLED **41** NEW FAMILIES

SERVED **94** FAMILIES

AND CONDUCTED

512 in-home visits

246 video visits

+ **66** phone visits

824 HOME VISITS

WIC PROGRAM

BETWEEN JULY 1, 2021 & JUNE 30, 2022, the
WIC program in Hancock & Washington Counties:



CONDUCTED

10,400 appointments



DISTRIBUTED

207 Extra Mile gas cards to families



LOANED OUT

18 hospital-grade breast pumps

Maine Family Planning administers the **WIC (Women, Infants and Children) Program in Hancock and Washington Counties**. The WIC program aims to safeguard the health of low-income women, infants, and children up to age 5 who are at nutrition risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care.

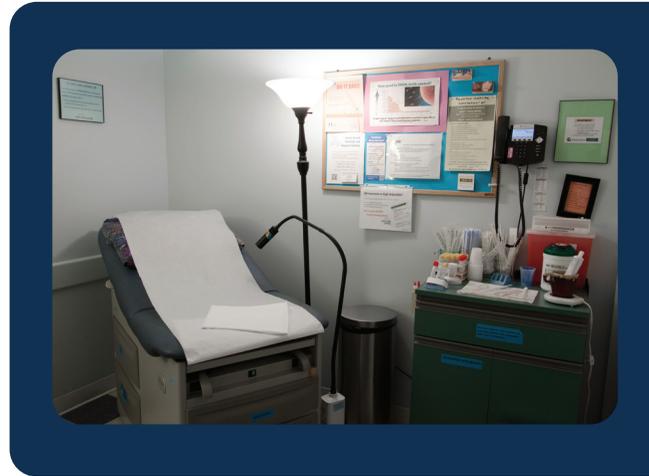
We welcomed a new director to the WIC program, a new nutrition coordinator, and filled peer counselor and breastfeeding coordinator roles, too. The team has been busy forging new partnerships and expanding their outreach.

CRH & Open Door Gender-Affirming



Abortion Care

MFP continues to be a proud provider of abortion care, both surgical at our headquarters in Augusta and medication at all of our 18 sites. It has been 25 years since we founded the Institute for Reproductive Health (now the Parker F. Harris and Russell N. DeJong Jr Center for Reproductive Health (CRH) in 1997. In that time **we have trained hundreds of providers on best practices in abortion care delivery, provided care to thousands of patients, and pioneered innovative protocols including no-test medication abortion during the pandemic.**



Last fiscal year we provided training to 36 residents at the CRH.



Open Door Gender-Affirming Care

Last fiscal year we had **643** UNIQUE PATIENTS receiving **Open Door Gender-Affirming Care** at Maine Family Planning clinics, with

1,206 VISITS,
45% of which were done via telehealth.



Support from individuals and foundations allows us to be a voice for reproductive justice in Augusta and beyond.

Last legislative session we collaborated with allies and legislative champions, providing expert testimony and network support, to accomplish the following initiatives:

 **LD 811** provides an equity payment to family planning providers to acknowledge the wide-ranging spectrum of care they provide, including substance abuse treatment intervention and referrals, Narcan distribution, mental health screenings, domestic violence referrals, and housing and food security referrals. “Reproductive health care providers are on the front line of Maine’s health care system.” *Bill sponsor Sen. Cathy Breen*

 **LD 1954** expands access to contraception, requiring insurers to cover more types of contraception and giving patients access to 12-months of oral contraception between check-ups.

 **LD 1899** establishes medical safety zones protecting the entryways of healthcare facilities, in an effort to protect patients, staff, and volunteers from harassment and intimidation.

 **LD 1721** strengthens access to reproductive and sexual health care for women who are incarcerated.

 **LD 1727** centers survivors in responding to sexual assault on college campuses.

 **LD 906** addresses decades-long issues with the water source for Passamaquoddy citizens and other community members in and around the Sipayik Reservation.

Not passed and not forgotten:

 **LD 1626** sought sovereignty for First Nations people of Maine, aligning their rights with those of the other 570 federally recognized tribes in the United States. The fight continues.

 **LD 780** sought to reinstate health insurance benefits to immigrants, refugees and asylum seekers after those benefits were stripped in 2011. There was a partial victory in reinstatement of benefits for pregnant individuals and dependents under the age of 21.

Introducing a New Way to Support MFP



Introducing New Ways to Simplify Your Support

Make a plan for the future today!

The Covid-19 pandemic has increased our awareness of the need to have plans in place for emergency and end-of-life care. Yet only about one-third of Americans have put these plans in place. As a resource for our community, **Maine Family Planning has partnered with FreeWill, a free and easy-to-use online tool that guides you through making a will or advance directive in 20 minutes or less.** Having a plan for the future supports your loved ones and can even build a legacy that champions reproductive freedom for generations.



Make your free will today by scanning the QR code or visiting FreeWill.com/MaineFamilyPlanning.

A tax-savvy way to give

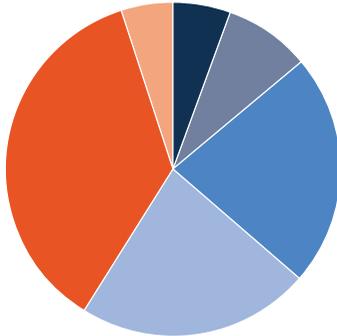
Many of our supporters are surprised to learn that giving stock directly to Maine Family Planning this year can make a meaningful difference on next year's tax return. When you transfer your appreciated stock, there's no capital gains tax to pay, meaning that your gift goes even further for us as we ensure quality, affordable reproductive health care to everyone in our community.

Donate stock today by scanning the QR code or visiting FreeWill.com/Stocks/MaineFamilyPlanning.





SOURCES - FY 22 \$9,402,058

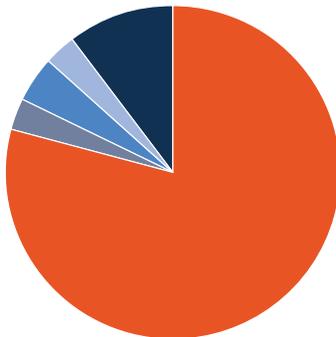


- 5.9% - Federal Title X
- 9.5% - Federal Other
- 24.9% - State of Maine
- 25.1% - Program Fees
- 40.3% - Fundraising
- 5.7% - Investment / Agency Funds

A deep thanks is owed to you for investing in Maine Family Planning.

Without the trust and support of our donors, we wouldn't be able to provide the services and advocacy that Maine people need and deserve.

USES - FY 22 \$9,070,271



- 79.1% - Community-Based Services
- 3.0% - Advocacy & Special Projects
- 4.3% - Education & Research
- 3.2% - Fundraising
- 10.4% - Administration

For questions about programmatic or financial information in this report, please do not hesitate to contact the Maine Family Planning office of Development at giving@mainefamilyplanning.org

Total change in net assets: -\$361,435

Net assets as of June 30, 2022: \$5,772,778

Statement of Sources and Uses Funds for the Year Ended June 30, 2022. *Unaudited

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Board Officers and Members listed reflect the report period of July 1, 2021 - June 30, 2022.



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