

FTM : T Options

HRT (hormone replacement therapy) may be delivered by intramuscular injection, subcutaneous injections, testosterone implants, testosterone gels or testosterone patches

<i>Type</i>	<i>What is it?</i>	<i>What are the advantages</i>	<i>Disadvantages</i>	<i>Approximate cost without insurance*</i>
Testosterone injections Testosterone cypionate	<ul style="list-style-type: none"> Is usually an injection into the muscle given in the butt or the thigh. It can also be given by injection into the fat under the skin in abdomen or thigh Is the most commonly used type of T. Usually given weekly, sometimes every two weeks. The longer between injections, the more likely it is that there are high and low levels of T The most common type used is Testosterone cypionate (Depo testosterone is the brand name) 	<ul style="list-style-type: none"> Is relatively inexpensive It seems to bring about desired body changes the quickest of all methods. 	<ul style="list-style-type: none"> The injection may be a little painful and it is not uncommon to develop a knot at the injection site that feels like a bruise with a hard lump underneath it. It can take some getting used to giving yourself an injection. Have to deal with proper disposal of needles 	<ul style="list-style-type: none"> 10 ml vial of 200mg/ml (20 doses) starting at \$23*
Testosterone patch Androderm patch	<ul style="list-style-type: none"> is a non-Invasive, trans-dermal patch that is placed on the skin. It is also known as a Testoderm TTS patch. It is used daily and should be applied to back, belly, upper arms or butt, using a different site every day. Androderm may cause skin irritation. Many FtM's eventually switch to the T injections because of skin irritation and slow masculinization. Starting dose is usually 2-4 mg/day 	<ul style="list-style-type: none"> No injections are involved Used daily so there are less highs and lows than with injectable T. 	<ul style="list-style-type: none"> May cause skin irritation There is some chance that the hormone can be transferred to someone in close physical contact (less of a problem with patches) Are more expensive than injectable T 	<ul style="list-style-type: none"> 30 patches \$620*
Testosterone patch gel AndroGel	<ul style="list-style-type: none"> is a testosterone gel placed daily on the skin usually dispensed in "pumps", or in packets. It comes in 2 strengths, 1% and 1.62%. 1.62% is applied to shoulders or upper arms, 1% can be applied to shoulders/upper arms/belly. Starting dose is 4 pumps a day of 1% 			<ul style="list-style-type: none"> 1 mo supply *\$96-200
Axiron 2%	<ul style="list-style-type: none"> Is a liquid form of T that is applied to the underarm area. Starting dose is usually 1 dose per armpit/day 			<ul style="list-style-type: none"> \$97*